

DUBBO TOUCH ASSOCIATION INC. INCORPORATION No. Y0672816 ABN. 19 048 935 817

E dubbotouch@hotmail.com PO BOX 1198, Dubbo NSW 2830

Dubbo Touch Association-Heat Policy

Purpose of Policy

To provide a guideline for Dubbo Touch Association (DTA) to ensure that competition officials know their respective duties and obligations when considering the safety of individuals (players, coaches, referees, affiliates and spectators) when exercising in hot conditions.

To minimise the risk of any injuries or harm to individuals, while ensuring that the number of games cancelled can be kept at a minimum. This harm may the result of heat exhaustion, dehydration, sunburn etc.

Implementation

This policy may be used for any local or representative competition and training sessions hosted by DTA.

The following is adopted from the NSW Touch 'Hot Weather Policy:-

| Temperature recorded for Dubbo NSW | Risk of Injury |
|------------------------------------|----------------|
| 25-31 | Moderate |
| 32-37 | High |
| 38 and above | Extreme |

When the temperature recorded at the DTA Clubhouse is 40 degrees or in excess of 40 degrees, the decision as to game cancellation will automatically revert to competition director/s. In the event games are cancelled, a decision will be advertised on social media as soon as practicable, but no later than 5.30pm.

Where there is a general concern as to 'Extreme' heat, the competition director/s may elect to divide games into shorter playing periods to allow for extra breaks for individuals involved in games. Either shall be signalled by an additional hooter or at the referees' discretion.



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During a match with 'High' risk of injury, players themselves may request that the referee calls a 'drinks break', such occurrence to take no longer than two (2) minutes in duration. This is at the referee's discretion and shall be monitored by individual game referees.

Any committee member may raise a concern as to the weather conditions forecasted to occur during game play. This should be addressed to the competition director in the first instance. Should the competition director be of the view that a delay in play may provide an opportunity for the weather issue to be resolved, they may do so at their discretion without a formal notice to players.

Guidelines

- The President shall be responsible for making a ruling on any point in dispute in this policy and should be guided by the NSW Touch 'Hot Weather Policy' or relevant amendments.
- In addition to the above, other general preventative measures should be taken, such as the provision of shade, hats, sunscreen and drinking water. It is noted that drinking water is available on the western side of the DTA clubhouse and cold water may be purchased
- This Policy is used as a guide only, and should not replace the professional advice of any medical staff.

For any questions, please contact the DTA Secretary: info@dubbotouch.com